

YAIS 2.0

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WHAT?- Youth Exchange YAIS 2.0 It's a Youth Mobility coordinated by "Asociación 217Sur"

<https://www.facebook.com/217sur/>

"YAIS 2.0!!!! Youth Active improving society through non-formal skills growing in values: Voluntering to enjoy in a healthy and helpful pastime"

Basically we try to provide our participants, and by extension their social environments, with a leisure alternative to a sedentary lifestyle, to spending the day hooked to the phone, or to the PlayStation, a way to understand free time as a precious time that can be used to do good, to add to our societies and to enjoy away from the consumerist and lazy leisure in which this society is involved. In YAIS!!!2.0 we seek to achieve the following objectives:

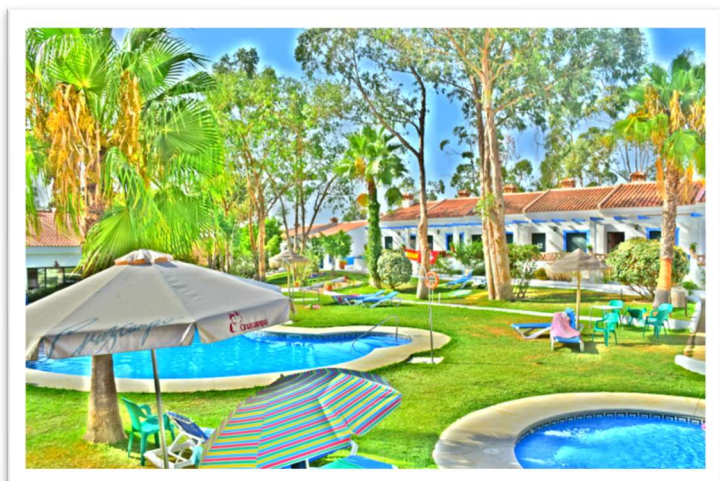
- * To provide participants with leisure resources away from consumerism and sedentary lifestyles, proposing a battery of volunteering activities that make them enjoy themselves.
- * To bring them closer to volunteering, to introduce them to very different associations where they can enjoy and fulfill themselves as people (in addition to learning and gaining skills and experiences).
- * To get all participants to look for entities in their localities where they can spend their free time collaborating as volunteers and introduce them to us (it is not necessary to be a therapist to collaborate with autistic children, you can simply be a volunteer who accompanies them to the pool therapies improving their lives and feeling fulfilled by it while gaining experiences and growing as a person).
- * To get to know different cultures, through cultural nights and cultural mixing and through the coexistence in mixed romos and multi-country work teams.
- * To get to know the Youthpass certificate through the activities described in this project, making the participants aware of its importance, their ability to individualize their own certificate, and its possibilities of exploitation.
- * To introduce European Volunteering as a possible option for the participants.

WHY?- If you don't know the answer, please, throw this document to the bin, take the blue pill, forget last 5 minutes and be happy! (XD)



WHEN?- 26th September -2nd October 2023

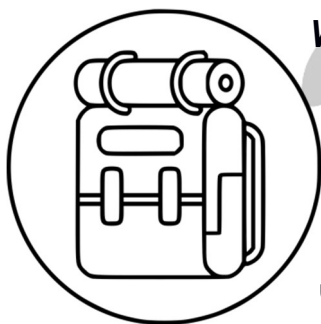
(25th and 3rd are travel days, you can travel on 26th, but in this case, you have to be in Villablanca before 15:00h, if is not possible, just arrive on 25th).



WHERE? Hotel Rural Terrablanca, Villablanca, Spain. (<http://www.hotelruralterrablancaandalucia.com/>)

WHO? 41 participants (5 per country: 4 18-30yo plus a Group Leader older than 18yo and no age limit) from Spain, Hungary, Poland, Portugal, Czech Rep., Estonia, Romania and Croatia.

The work will be in English, but you don't need to be bilingual, one of the objectives is to improve our skills to work in foreigner languages.



What do you need to take to your backpack?-

Strong sun protection (Very important, especially for the whitewalkers from the counties with colder climate... Summer is coming!!!); comfortable clothes and shoes, little backpack for visits; Some food and drinks (per country) and all the stuff necessary for the intercultural nights. If you have some special needs or some doubt just contact with us by mail or in the Facebook work group.

WHEN DO WE START?

Phases & Deadlines –

The selection of the participants will be done in the following phases and process:

1. Application period (till 5th July): Partner NGOs will be responsible to select participants and invite already selected participants to fill the application form which we will provide. (After organizations will select the perfect participants, they will be added to the Facebook group, where everyone can be an active part of. We will try to divide competences, start to draw time schedule of activities, in order to get to know the project more personally.)

2. Transport planning (10th - 30th July): the project coordinator will plan the trip to the project venue with the assistance of the group leaders. Each group must book the travel tickets **once “217sur NGO” confirms the travel proposal sent by the participating group.**

3. Preparation for the project activities (August): the group leaders from each country will be in touch with project coordinator and prepare their group for the project activities.

4. 26th September – 2nd October – Project activities (If you want to arrive to Spain a couple of days before to do some tourism it’s doesn’t matter).

5. till 10th November – Dissemination of the project results. Groups of participants from each country are required to organize a dissemination event in their community (or school/NGO...) to communicate the result of the youth exchange to the community. Participants are encouraged to do a presentation of any kind in order to show their learning process and experiences during the project activity.



HOW MUCH?-Accommodation, Activities and food are full covered by the program. Travel cost According to the grant support to travel costs in the Erasmus+ program, travel distances have been calculated using the distance calculator provided below: http://ec.europa.eu/dgs/education_culture/tools/distance_en.htm.

Travel cost for each participant is covered 100% according to flight rates as indicated below. Possible extra costs should be covered by sending organizations or participants themselves.

- “260 Seixal” – Portugal: 100€
- “FENIKS”- Poland : 360€
- “SEIKLEJATE VENNASKOND” – Estonia: 500€
- “EUtogether” – Czech Rep.: 360€
- “Mentál-Mankó Alapítvány” - Hungary: 360€
- “Mentor Aliance” - Romania: 360€
- “IYA Eutopia” - Croatia: 360€

Anyway, in order to calculate the local buses between airports (we recommend Faro, Seville, or Madrid) and the Hotel; and looking for the cheaper option we are going to coordinate the books with the contact persons from your NGO.



REIMBURSEMENT OF TRAVEL TICKETS.-

In line with the Erasmus+ Program, travel costs are refunded according to the distances calculated using the distance calculator. Possible extra costs overcoming the budget limits should be covered by the participants

themselves or by the partner organizations.

Reimbursement will be made via each sending organizations bank account. The total amount will be confirmed upon full attendance of the YE by the participant and **only** after receiving the participants' original travel documentation, as follows:

- 1) Flight reservation + invoice issued by the flight company**
- 2) Invoice by travel agency (if the tickets have been booked by a travel agency) + details of passengers and flights details.**
- 3) Paper boarding passes or online boarding passes (Better and easier the checkin online)**
- 4) All original tickets of bus and/or train (if any)**
- 5) Copy of ID/passport.**

It would be better if the Leader could collect all Boarding passes and tickets, because we will need it to reimburse your travel costs, or if you have the option to get them in PDF originals, just send us by mail (not pictures or copies, just original tickets in PDF).

Please note if you bought your ticket in your local currency which might be different than EUR, we will calculate your travel costs according to the exchange rates from official European Commission website for the month of ticket purchase. The total amount to get refunded will be calculated on the basis of the travel documents received.



THE EUROPEAN HEALTH INSURANCE CARD.- the participants are required by Erasmus+ program to have a valid European health insurance card and a valid travel insurance for the period of the project including the travel dates.



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SEE YOU SOON!!!



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